

10 ABSOLUTES FOR ALZHEIMER'S CAREGIVING

Never Argue → Agree

Never Reason → Divert

Never Shame → Distract

Never Lecture → Reassure

Never Remember → Reminisce

Never Say “I Told You” → Repeat

Never Say “You Can’t” → Say “Do What You Can”

Never Command or Demand → Ask or Model

Never Condescend → Encourage or Praise

Never Force → Reinforce